

**Sommersemester 2016**

**Frauenakademie  
international**



**frauenakademie**

an der **vhulm**

## **Frauenakademie international Sommer 2016 Dienstag**



**Kurs-Nr.:** 16F 0401551 – Part 1  
**Termine:** 3-mal dienstags, 09:00 bis 12:30 Uhr,  
01.03./08.03./15.03.2016  
**Gebühr:** EUR 36,00

**Thema:** White Rose Resistance Group  
01.03.: 09:00 bis 10:30 Uhr  
**Dozentin:** Dr. Dagmar Engels

The Director of Ulmer Volkshochschule, Dr. Dagmar Engels, presents specific background information about the institution's history and philosophy. In this context she offers a guided tour of the permanent exhibition »we wanted something else« – White Rose Memorial Site Ulm – Young People in Ulm 1933 to 1945«, which was opened in 2000 in the building of the Ulmer Volkshochschule. In fourteen groups the exhibition portrays 28 young people of Ulm who put up resistance or were simply obstinate to Nazi politics. The selection of the young protagonists does not aim at conventionalising them as heroes but at portraying their normal lives. However, it was the independence of their thinking, the conviction with which they fought for their own values that separated them from the mass and distinguished them.

**Thema:** Kurt Fried Collection  
01.03.: 11:00 bis 12:30 Uhr  
**Dozentin:** Dr. Andrea El-Danasouri

Kurt Fried (1906-1981) was a German publisher, art collector und the editor of the »Schwäbische Donau-Zeitung« (Svabian Danube-Newspaper). The art collector Fried was a great admirer of contemporary art. In 1959 he opened his own gallery in Ulm, the »studio f«. In 1978 he granted his famous private collection of contemporary art to the city of Ulm, presented till today in the Museum Ulm. Guided tour at Museum Ulm, Marktplatz 9.

**Thema:** Inge Aicher-Scholl  
08.03.: 09:00 bis 10:30 Uhr  
**Dozentin:** Dr. Andrea El-Danasouri

Inge Aicher-Scholl (1917-1998) was the elder sister of Hans and Sophie Scholl, who studied at the University of Munich in 1942 and were core members of the »Weisse Rose« (White Rose) student resistance movement during Nazi Germany. The group became known for an anonymous leaflet and graffiti campaign, lasting from June 1942 until February 1943, that called for active opposition to dictator Adolf Hitler's regime.

Inge Scholl initiated in 1946 the »Ulmer Volkshochschule« (vh Ulm) and later in 1953 she founded with her husband Otl Aicher and the Swiss architect Max Bill the »Hochschule für Gestaltung« (Ulm School of Design) in Ulm.

Thema: **Ulm School of Design**  
08.03.: 11:00 bis 12:30 Uhr  
Dozent: Dr. Martin Mäntele

The Ulm School of Design (HfG) was one of the most important design schools, second only to the Bauhaus. Founded by Inge Aicher-Scholl, her husband Otl Aicher and the former Bauhaus student Max Bill the school attracted students from all over the world between 1953 and 1968. The professional profile of the industrial designer as developed in Ulm became a model for design education. Famous designs include the Braun compact appliance SK4, the stackable tableware TC 100, and the corporate identity for German Lufthansa.  
Guided tour at HfG-Archiv, Ulm, Am Hochsträß 8 ([www.hfg-archiv.ulm.de](http://www.hfg-archiv.ulm.de))

Thema: **Intercultural Communication & Competence**  
15.03.: 09:00 bis 12:30 Uhr  
Dozentin: Katrin Husemann

Would you ask your colleague about the state of his savings account? Would you phone your boss at home in the evening? Would you help yourself from your host's fridge? Would you open your children's mail? Would you offer your own bedroom as accommodation to guests? Would you make a visit unannounced?

I am sure you will be able to answer these questions immediately. And so will your colleagues. But in an international group we will have to expect different answers to the same questions. Why? Because of the variety of life styles, culture-specific experiences and sets of values. And which one will be the right answer? If we view our own cultural imprint as being one possibility among many, there will be more than one correct answer.

The solution is not to interpret foreign behaviour based on our own background but instead be able to view and evaluate the situation from an objective, third-party perspective (Gudykunst).

This is what communicating effectively interculturally means.

And this is what we will be talking about in more detail in this lecture – theoretically and interactively.

Together we will find out about how to develop the ability to make our own intentions understood, and how to interpret the behaviour of our surroundings correctly.

**Kurs-Nr.:** 16F 0401552 – Part 2  
**Termine:** 3-mal dienstags, 09:00 bis 12:30 Uhr,  
05.04./12.04./19.04.2016  
**Gebühr:** EUR 36,00

Thema: **(Stereo-)Typically Finnish**  
05.04./12.04./19.04.: 09:00 bis 10:30 Uhr  
Dozentin: Hanna Guyot

Finland, the mysterious country way up north, covered with forests and lakes, and populated by strange people who drink a lot and speak little ... But what do we really know about Finland and the Finns? Is the reality even more fascinating than the stories? Where did the first Finns come from, and why is the Finnish language so different? This course will uncover myths about Finland and being a Finn with the help of pictures, music, literature, films and culturally typical items. We will also learn something about the food culture and the secrets of the »real« Finnish sauna experience.

Thema: **The Spectator in Modern Art**  
05.04./12.04./19.04.: 11:00 bis 12:30 Uhr  
Dozentin: Dr. Andrea El-Danasouri

The »Spectator« has an eminent role in understanding modern and contemporary art. While seeing or confronted with an art work, we are involved in an active dialogue, in a process of studying and exploring our inner self reaction to the art work. While visiting the Fried Collection in the Museum Ulm, we will be experimenting with our different attitudes, habits and with our »pre-set« glasses while seeing the art work.

**Kurs-Nr.:** 16F 0401553 – Part 3  
**Termine:** 3-mal dienstags, 09:00 bis 12:30 Uhr,  
26.04./03.05./10.05.2016  
**Gebühr:** EUR 36,00

Thema: **Bilingual Upbringing**  
26.04./03.05./10.05.: 09:00 bis 10:30 Uhr  
Dozentin: Hanna Guyot

In our current, globalized world, more and more families come from different cultural and linguistic backgrounds, and move to different countries and continents because of work, studies or love – or just looking for a safe place to bring up their children. The families are easily exposed to two or more languages, and sometimes it might not be easy to find a balance between minority and dominant languages. This course will provide information about the newest linguistic studies on bilingualism and bilingual education, and we will tackle the myths and beliefs that people might have with regard to exposing children to multiple languages in their early childhood. When possible, we will discuss personal experiences on this subject, and talk about why we might think we have succeeded or failed in this area, concerning our own family situations. This seminar aims to give an answer to various questions and doubts on the subject, but also to help us realise the amazing richness that growing up with many languages can bring.

Thema: **Watching the Wheels – Finding Zen and Taoism in Popular Culture**  
26.04.: 11:00 bis 12:30 Uhr  
Dozent: Eamonn O’Leary

Zen and Taoism are among the oldest and most renowned philosophies in history. Both have extensive semi-official canons of literature which articulate their ways of understanding humans and the world in which we live. There are also some unofficial places to see Zen and Taoism! In this session we’ll take a look at some of the key principles of Zen and Taoist philosophy and see how they have been portrayed (perhaps by accident) in various works of popular culture, including film, television, literature and music. If you’re interested in learning more about how two of the world’s most ancient philosophies have shown up in some not-so-ancient art, this session is for you!

Thema: **Simply Breathe**  
03.05.: 11:00 bis 12:30 Uhr  
Dozent: Eamonn O'Leary

Simply Breathe – an easy way to meditate anytime and anywhere!  
Meditation has a growing place in the public consciousness, with courses, groups, books, CDs and videos plentifully available. It sometimes seems there is too much choice!  
Are you interested in meditation, but intimidated by the wealth of material?  
Are you looking for a simple and practical way to start meditating?  
I have been meditating and practicing mindfulness regularly for the past five years. During that time I have experienced several different methods, with varying degrees of complexity.  
In this session I present the few simple practices that I have found to be the most valuable. These meditation practices can be done anytime and anywhere.

We will work with:  
– following the breath – counting the breath – returning to the breath

Please come and see how truly easy, relaxing and revitalising meditation can be.  
No special clothes or equipment necessary – just the ability to breathe!

Thema: **Best Foot Forward**  
10.05.: 11:00 bis 12:30 Uhr  
Dozent: Eamonn O'Leary

Best Foot Forward – a personal account of walking the Camino de Santiago!

In the summer of 2013, my father and I walked an 800 km stretch of the Camino de Santiago, or Way of St. James. In a little over a month, we walked from the Franco-Spanish border to Santiago de Compostela. Along the way we went through beautiful countryside, historic cities, some pain, and a lot of laughter and tortilla!

This seminar will provide you with the opportunity to learn about the Camino de Santiago through my own account of the journey.

Among the topics included will be:

- Benefits of walking the Camino
- Who should walk the Camino?
- Recommended preparation (before, during and after)
- General information on the route of the Camino Frances
- Suggested resources – There will also be plenty of time for questions!

**Kurs-Nr.:** 16F 0401554 – Part 4  
**Termine:** 4-mal dienstags, 09:00 bis 12:30 Uhr,  
31.05./07.06./14.06./21.06.2016  
**Gebühr:** EUR 46,00

Thema: **Jane Austen – Life and Work**  
31.05./07.06./14.06.: 09:00 bis 10:30 Uhr  
Dozentin: Oriana Omaj

This seminary will deal in three units with a compact guide to Austen's life, family and society, with detailed synopses of her novels and an informative timeline.

Few novelists have conveyed the subtleties and nuances of their own social milieu with the wit and insight of Jane Austen. Through her vivacious and spirited heroines and their circle, she painted vivid portraits of English middle-class life as the eighteenth century came to a close. Each of these novels is a love story and a story about marriage-marriage for love, for financial security, for social status. But they are not only romances. Ironic, comic, and wise, they are masterly studies of the society Austen observed.

»Sense and Sensibility«, »Pride and Prejudice«, »Mansfield Park«, »Emma«, »Northanger Abbey«, and »Persuasion« contain some of the most brilliant, dazzling prose in the English language.

Let us talk together, in literary terms and literature-inspired-discussion, to discover more behind the lines, through the texts and images created by a small woman with a big spirit.

Thema: **The Six Brandenburg Concertos**  
31.05./14.06.: 11:00 bis 12:30 Uhr  
Dozentin: Susanne Kliem

J.S. Bach is mainly known for the compositions from his time at Thomas' Church in Leipzig. These include organ works, cantatas and the Christmas Oratorio.

Before Leipzig, Bach spent six years in Köthen, where he was employed at the court of Fürst Leopold von Anhalt-Köthen. Bach himself considered these years as the happiest in his life.

He was extremely creative there, composing amongst other well known pieces six magnificent concertos, which later became known as the Brandenburg Concertos.

In our two classes, we will find out why these works belong to the musical heritage of the world. We will listen to parts of all six concertos, speak about what we have heard, and watch some short excerpts on video.

You are cordially invited to learn more about one of the greatest German composers. There is no need to be able to read music.

Thema: **Museum of Bread Culture**  
07.06.: 11:00 bis 12:30 Uhr  
Dozentin: Dr. Andrea Schmidt

The 6000 years history of bread is an important part of mankind's history. Bread in the sense of food is the indispensable basis of human culture and civilization. Deficiency of bread means hunger. Therefore the importance of bread needs to be recognized by everyone. These thoughts were the basis on which Dr. h.c. W. Eiselen (1896-1981) and his son, Dr. Dr. h.c. Hermann Eiselen (1926-2009) founded the Museum in 1955. It is the oldest museum of its kind in the world and is exclusively funded by the private Father and Son Eiselen- Foundation. The Collection consists of more than 16.000 objects of which 1.300 are on show. They illustrate the history of bread-making technology as well as the cultural and social history of bread. No bread is collected as it is not a museum object but daily fresh food.

Guided tour at Museum der Brotkultur, Ulm, Salzstadelgasse 10

Thema: **Film Festival »The Piano«**  
21.06.: 09:00 bis 12:30 Uhr  
Dozentin: Susanne Kliem

The film »The Piano« was written and directed by Jane Campion (New Zealand) more than 20 years ago. However, it is still worth watching and discussing for various reasons.

Holly Hunter and Harvey Keitel present their acting talents in an expressive way. They show »the tragedy and triumph erotic passion can bring to one's daily life« (L. Maltin's Movie Guide).

Michael Nyman's score shows this American composer at his best. We are proud of the Stadthaus Ulm for having hosted him for a talk on film music a few years ago.

»The Piano« won the Palme d'Or at the Cannes Film Festival. Anna Paquin (role of Flora), who was 11 years old at the time of filming, was the second youngest Oscar winner ever, when she received the award for this film.

There will be a short introductory talk on the film in English. We will then watch the film in the original English version with English subtitles.

After the performance there will be a chance to ask questions or make comments on the film.

You are cordially invited to take part.





**Kurs-Nr.:** 16F 0401555 – Part 5  
**Beginn:** Dienstag, 01.03.2016 (12-mal)  
**Gebühr:** EUR 80,00

Thema: **Book Club**  
01.03. - 21.06.: 13:00 bis 14:30 Uhr  
Dozentin: Gwendolyn Goh Estrada

»Come on a journey during which you will discover different types of books and share your opinions about them! The level and type of books we will read will depend on the group but anything is possible! From parenting books to beginner philosophy, or just a good mystery, science fiction or historical novel. Lets discover them together!«

## Frauenakademie international Sommer 2016 Donnerstag



**Kurs-Nr.:** 16F 0401556 – Part 6  
**Termine:** 8-mal donnerstags, 09:00 bis 10:30 Uhr,  
03.03./10.03./17.03./14.04./21.04./28.04./12.05./02.06.2016  
**Gebühr:** EUR 46,00

**Thema:** Le Québécois – La solitude française d'Amérique du Nord  
**Termine:** 03.03./10.03./17.03., 09:00 bis 10:30 Uhr  
**Dozentin:** Sandra Le

Dans plusieurs pays du monde, il existe des peuples qui se distinguent du reste de la population de leur pays. Souvent, ils sont caractérisés par une langue et une culture différentes, et se retrouvent en majorité dans une région géographique spécifique. Par exemple, les Basques en Espagne, les Sami (Lapons) en Finlande, les Écossais en Grande-Bretagne, les Bavarois en Allemagne ... Dans ce cours j'aimerais vous présenter un tel peuple, le peuple Québécois du Canada.

Terre d'accostage de Jacques Cartier en 1534 et membre fondateur du Canada, le Québec a été dès le début une province particulière, avec sa propre culture, sa propre langue, et son propre code civil. Ses habitants, les Québécois, sont plus que des Canadiens Français (d'expression francophone). Plusieurs compagnies à succès international ont vu le jour au Québec (par exemple Bombardier, CROCS, UbiSoft, Cirque du Soleil). De plus, les Québécois ont une scène culturelle très forte et innovatrice, dans les domaines tels que l'art, la danse, le théâtre, le cirque, la littérature, la musique et le film, qui lui ont valu plusieurs reconnaissances internationales.

Voici les thèmes majeurs qui seront présentés. Évidemment, au nécessaire et au fil des questions, des modifications (déviations) seront possibles:

- Histoire et politique (de la Nouvelle-France aux projets d'indépendance, en passant par la colonie britannique, la fondation du Canada, la Révolution Tranquille et les relations avec la majorité canadienne anglophone)
- Qu'est-ce qu'un Québécois »pure laine«? (Stéréotypes et traditions, us et coutumes, nourriture, festivals, sport ... )
- Histoires à succès (et aussi de désastres): par exemple l'hydroélectricité, Bombardier, le Cirque du Soleil, le Pont de Québec, l'amiante ...
- Les festivals et la vie culturelle

Le cours sera supporté de plusieurs extraits audio-visuels, qui devront aider à saisir les concepts et la richesse de la culture québécoise. Non seulement la langue parlée avec son accent et ses expressions particuliers, mais aussi la profondeur des réflexions et l'humour sauront vous divertir et vous cultiver.

**Thema:** **Le Jardin: affaire de gout ou de pouvoir?**  
14.04./21.04.: 09:00 bis 10:30 Uhr  
Dozentin: Sylvie Geisse

Que montrent les parcs et jardins ouverts au public? Quels choix esthétiques mais aussi politiques ont influencé leurs concepteurs? En (re-) découvrant des jardins de différentes régions d'Europe, de la Renaissance à nos jours, nous nous promènerons à travers un aspect souvent ignoré de l'histoire européenne tout en profitant de la beauté de ces petits paradis.

**Thema:** **Place(s) des femmes dans le débat intellectuel français actuel**  
28.04./12.05./02.06.: 09:00 bis 10:30 Uhr  
Dozentin: Sylvie Geisse

La France se revendique encore et toujours comme un pays dans lequel le débat d'idées resterait vivace et où un autre type de relations homme-femme existerait, notamment dans le monde intellectuel et artistique. En étudiant ensemble quelques débats actuels, nous nous interrogerons sur la place que tiennent aujourd'hui les femmes, entre réelles avancées et stagnation.

**Kurs-Nr.:** **16F 0401557 – Part 7**  
**Termine:** **4-mal donnerstags, 11:00 bis 12:30 Uhr,**  
**10.03./14.04./12.05./09.06.2016**  
**Gebühr:** **EUR 26,00**

**Thema:** **Cercle de Lecture**  
Dozentin: Hanna Guyot

Un cercle de lecture pour des passionnées de la langue française. Au cours de nos quatre rencontres mensuels nous allons discuter et commenter un oeuvre de la littérature française contemporaine. Nous allons passer de bons moments en bonne compagnie, dans un monde merveilleux d'expression écrite, tout en enrichissant notre vocabulaire et nos connaissances linguistiques.

**Kurs-Nr.:** **16F 0401558 – Part 8**  
**Termine:** **4-mal donnerstags, 11:00 bis 12:30 Uhr,**  
**03.03./07.04./28.04./02.06.,**  
**Eintritt frei**

**Thema:** **Women's Club**  
Dozentin: Idalia dos Reis Dias Heller

Offen für alle Frauen –  
open to all women –  
ouvert à toutes les femmes!

Sich treffen – neue Kontakte knüpfen – erzählen – zuhören – sich austauschen  
Get together – make new contacts – speak – listen – exchange  
Etre ensemble – nouer des nouveaux contacts – parler - s'écouter - échanger

**Kurs-Nr.:** 16F 0401559 – Part 9  
**Termin:** 21.04., 11:00 bis 12:30 Uhr  
**Gebühr:** EUR 8,00

**Thema:** The Gift of Life – Jojo Moyes  
**Dozentin:** Heather Wright

Jojo Moyes discusses in depth the concepts of life and death. She offers us an insight into the chaos which we as humans can fall into when our loved ones fall ill. She clearly demonstrates that the choices we make are never clear cut. Life is never black and white.

»You only get one life. It's actually your duty to live it as fully as possible.«

– Jojo Moyes, Me Before You

»Push yourself. Don't Settle. Just live well. Just LIVE.«

– Jojo Moyes, Me Before You

»You never know what will happen when you fall from a great height.«

– Jojo Moyes, After You

»I'm still a doughnut, okay?« I said. »I want to be a bun. I really do. But I'm still a doughnut.«

– Jojo Moyes, After You

I want to give you a brief insight into two of Moyes' works in order to wet your taste buds sufficiently to read them yourselves.

I would welcome questions after the presentation to promote an open, friendly discussion about the books.



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